

THE ULTIMATE MANIFESTATION

# WRITE YOUR IDEAL CLIENT A LOVE LETTER

Gift yourself the ability to express love and gratitude to your ideal client so that you can energetically attract the perfect client for you to be of service to!

Get ready to call them into your world!



The ability to express our emotions has a direct influence on our confidence and courage to be able to attract the perfect client. One of the best tools to embrace gratitude in our life and our business, or release negative emotions, and all those yuk feelings is to get into your journal and express it all out!

Journalling out all the fears associated with your evolving business enables you to identify where and what the blockages are and do something about them!



# EMBRACE THE FEELINGS

NOURISH THE SOUL WITH GOOD VIBES

This letter writing / journaling tool has been designed to provide you with prompts to 'love all over yourself' when it comes to working in your business. Journaling often doesn't come easy to most, but neither does ignoring the fears when we're trying to build our business and realise the dream.

For questions , email [support@karenhumphries.net.au](mailto:support@karenhumphries.net.au).  
Talk to Karen Humphries for more information about the process of expression. and where you may be stuck.

**BLOOMING**  
from *Within*



## READY TO EXPLORE WHAT'S INSIDE YOUR HEAD?

More often than not, our feelings within our heart space are misperceived by the stuff in our head. It's quite a foreign feeling to be challenged with writing a 'fuck you' or 'I love your' letter by your mentor business coach for the purpose of calling in the perfect client into your business.

But what you are actually doing is severing the ties to the negative pattern doing 'merry-go-round' loops inside your head. Ready to hop off the never repeating loop of overwhelming thoughts and feelings?

By writing it all out, you are gifting yourself a **RELEASE** from the fear, pattern or habit if you will. The actual action of writing allows you to create a conduit path of expression, which enables you to defuse the emotional energetic charge on whatever it is you've been stewing on or fearing beginning in your business.

As we let go of the energy attached to the emotion, we also are gifting ourselves disconnection from the fear of beginning something new and embracing our resilience to get going on things that we've been procrastinating on.

## WRITING YOUR IDEAL CLIENT A LOVE LETTER

When we invest in the drama of others, and participate in an exchange of words and emotions, we are literally investing our energy and love for self, into someone else. When we engage in the fear language of others, we disconnect from our intuitive self and let go of our courage.

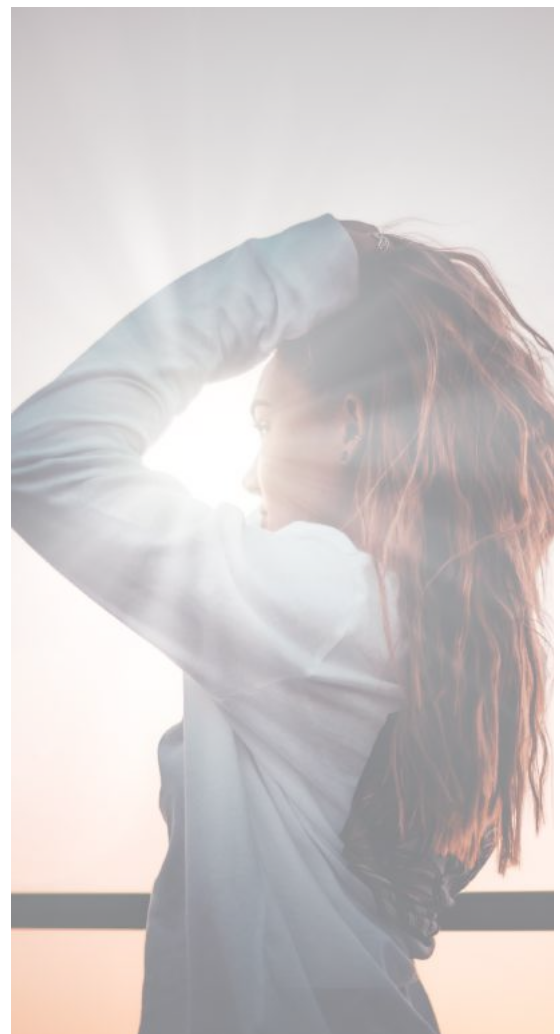
When we 'compare' our success to others and their businesses we lose confidence and motivation for change. Our momentum ceases and we get stuck and procrastinate.

When we 'compete' with others we lose sight of the service we want to be providing. We become disconnected from our intention - to be a heart centered entrepreneur.

## KEY OBJECTIVES OF THE 'CLIENT LOVE LETTER'

Clearing out all of the negativity, fears, worries or concerns about how to attract a full diary of clients goes a long way to clearing out the stagnating energies which block your bookings. Imagine writing to you ideal client and addressing the following:

- thank your ideal clients in advance for choosing you and your unique services
- thank your clients for showing up on time
- thank your clients for paying cash for their service on the day they receive it
- thank your clients for booking regular followup sessions
- thank your clients for 'word of mouth' referrals to everyone they know!



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To defuse built up negative emotional causing you overwhelm, book a 'facilitated change' appointment today. Go to [www.karenhumphries.net.au/bookings](http://www.karenhumphries.net.au/bookings)



## Dear ideal client,

*I am so excited about meeting you and being of service. It makes my heart sing just thinking of being able to provide you with my unique services, as this allows me to operate from my authentic space. I am finally safe to be me.*

*I am so grateful that I worked through my fears which prevented my light from shining brightly to the world. For if I hadn't overcome my concerns, worries, fear of failure and unworthiness you would never have found me. For you too are on this path and I can't wait to share with you how to find yourself. These new tools I have, give me the confidence to help you defuse all the stuff you are hanging onto, which prevents you walking your journey path.*

*I can't begin to tell you how empowered I am now after studying and consolidating all that I know, both teachings and experience, to share with the world. My vibrant and sustainable energetic health has returned. I am in a loving and nurturing relationship! And I am finally in a place in my life whereby I feel fulfilled. I want all of that and more for you. And when you book an appointment with me that's what we're gonna work on - the awesome you trapped inside that needs to be let out! I am so excited to start this journey. I am so pleased to be of service, as you choose to bloom from within, with love Karen*